

Miriam Martyn
Miriam With her
together have
family

dedicated Herman book to Herman yeremeyahu Martyn, Ben Shmuel.

In Memory of Mr Martyn, a man of Mr Herman His efforts and created a legacy for Martyn Martyn Mr Herman Mr

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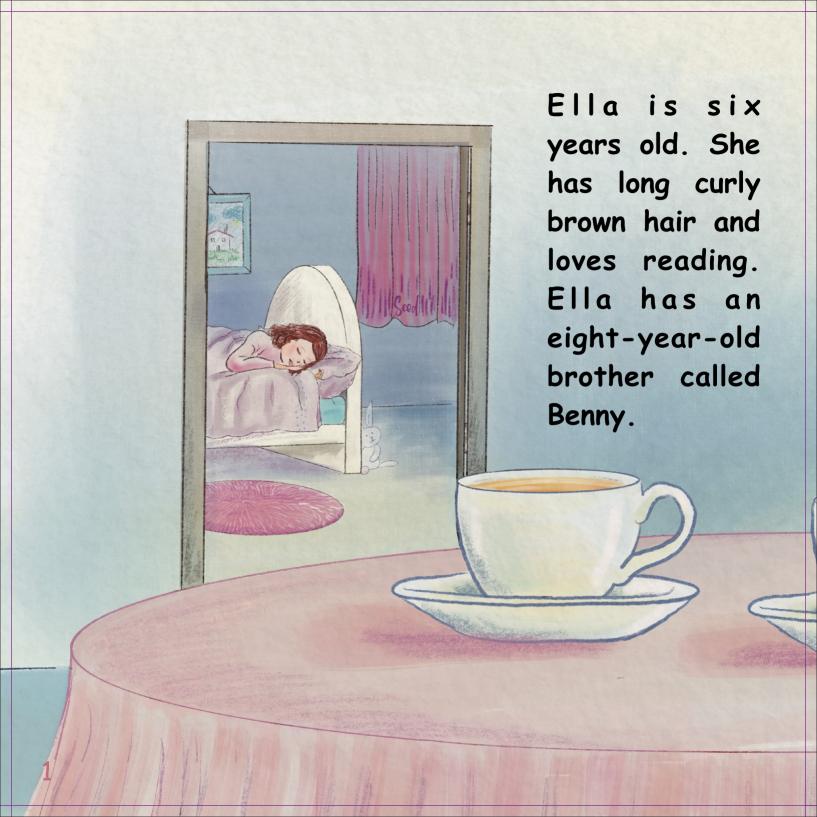
Illustrations and book design by Penina Schleider artbypenina@gmail.com www.artbypenina.com



## How to get the most out of this book, for the more advanced readers and thinkers:

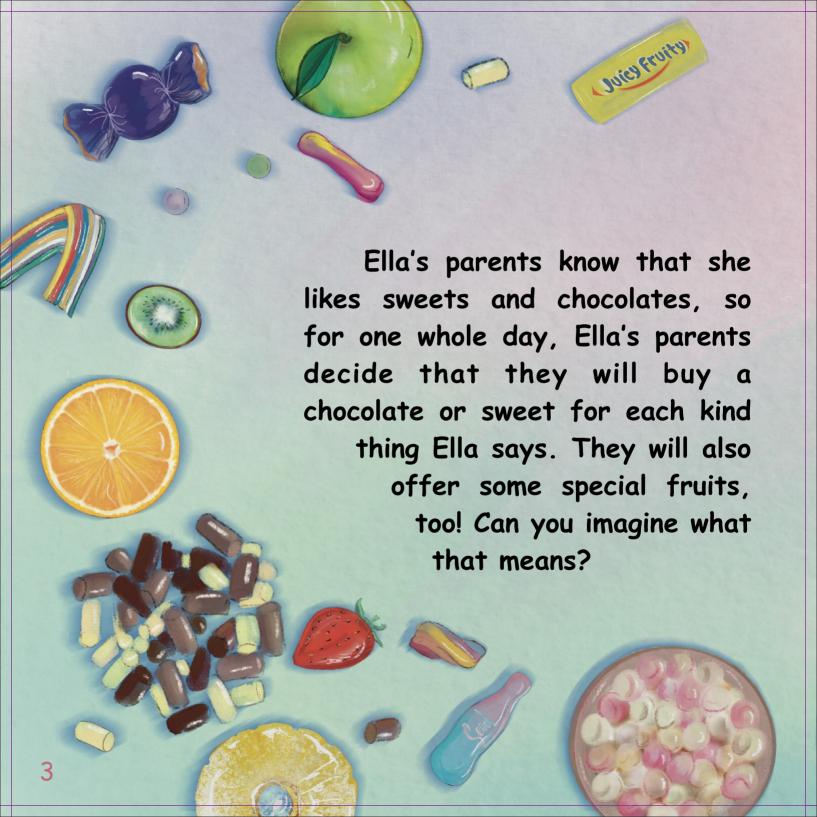
- 1. Find the hidden Seed logo on each page
- 2. Spot each time a character in the book has to make a decision. Discuss this with your child: what were the available options to decide between? And what would you/your child have decided?
- 3. At the back of the book we have included a short how-to-guide.

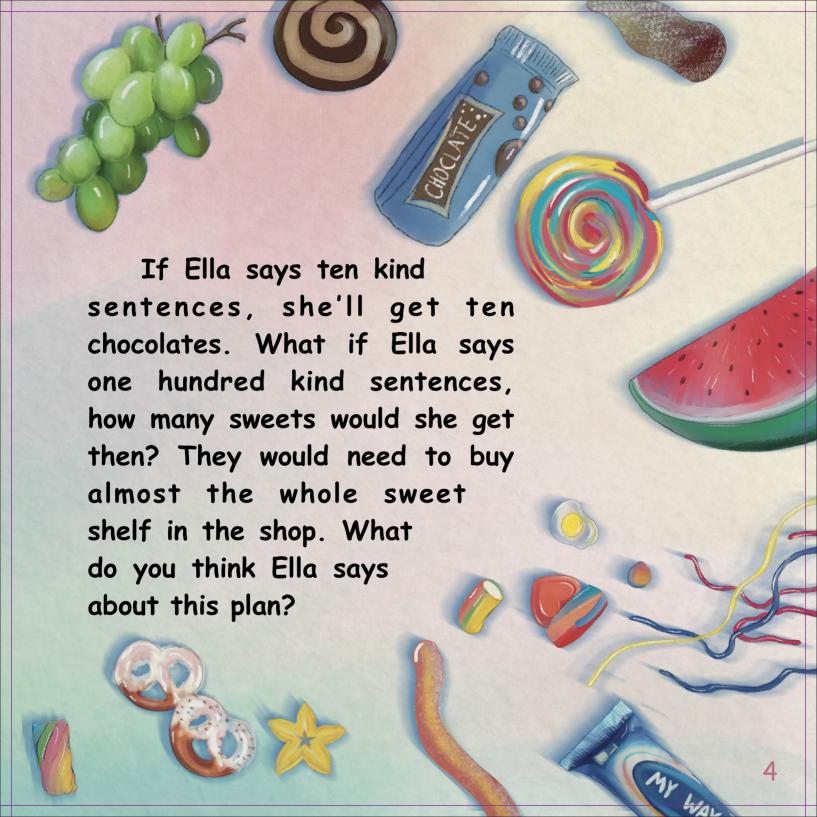
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One night, just after Ella went to sleep, her parents had a discussion about an important topic; how can we encourage Ella to speak in a more positive way to other people? Ella's Mum and Dad thought and thought. Then almost out of nowhere an idea came to them. Can you guess what they decided to do?

Ella's parents decided to plan a surprise for her, even though it was not Ella's birthday. This was a very different sort of surprise - a 'good speech reward' surprise. They decided that each time Ella says something kind, they will buy her another item of food for a secret party.







Ella doesn't know that this is what her parents are planning, they haven't told her anything about the chocolate rewards.

Why do you think that they have kept it a secret from Ella?

Ella's parents decided to keep it a secret because they don't want Ella to choose to say nice things just because she wants more chocolates.



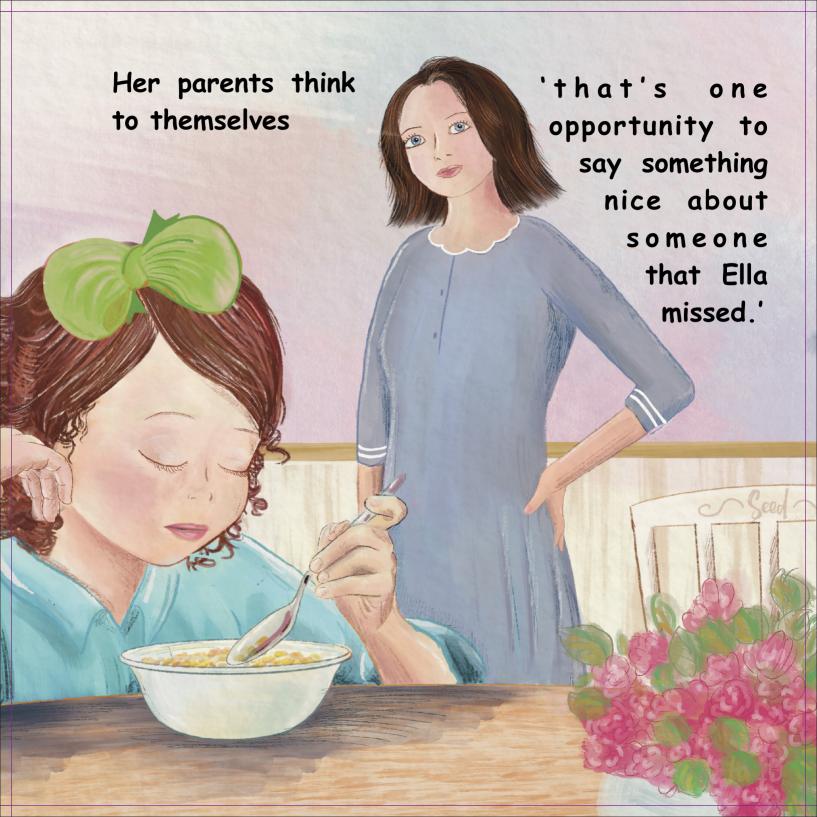


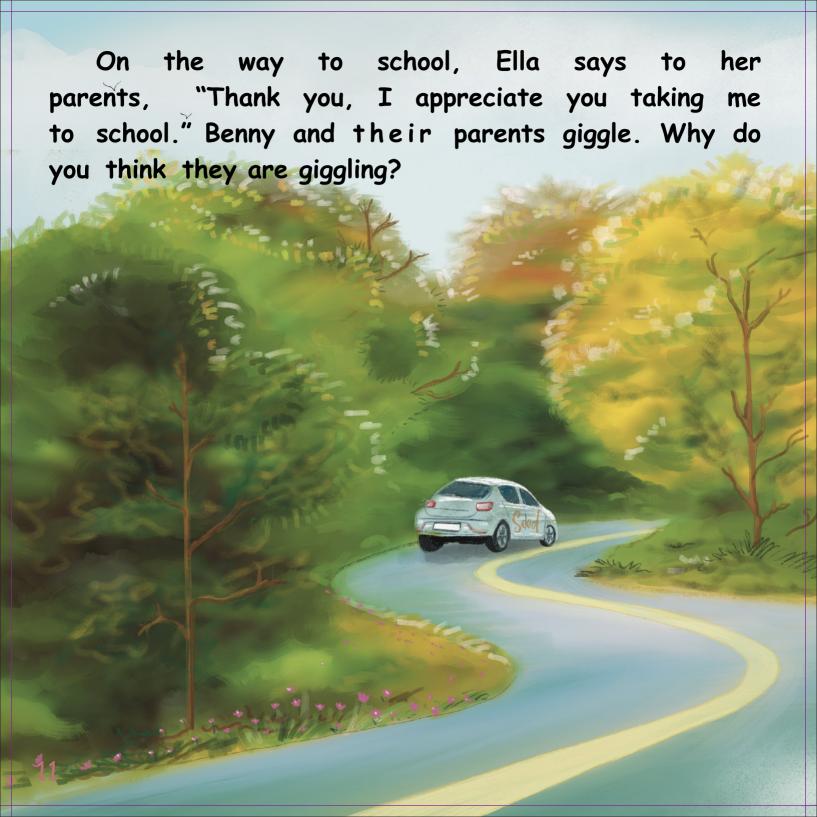


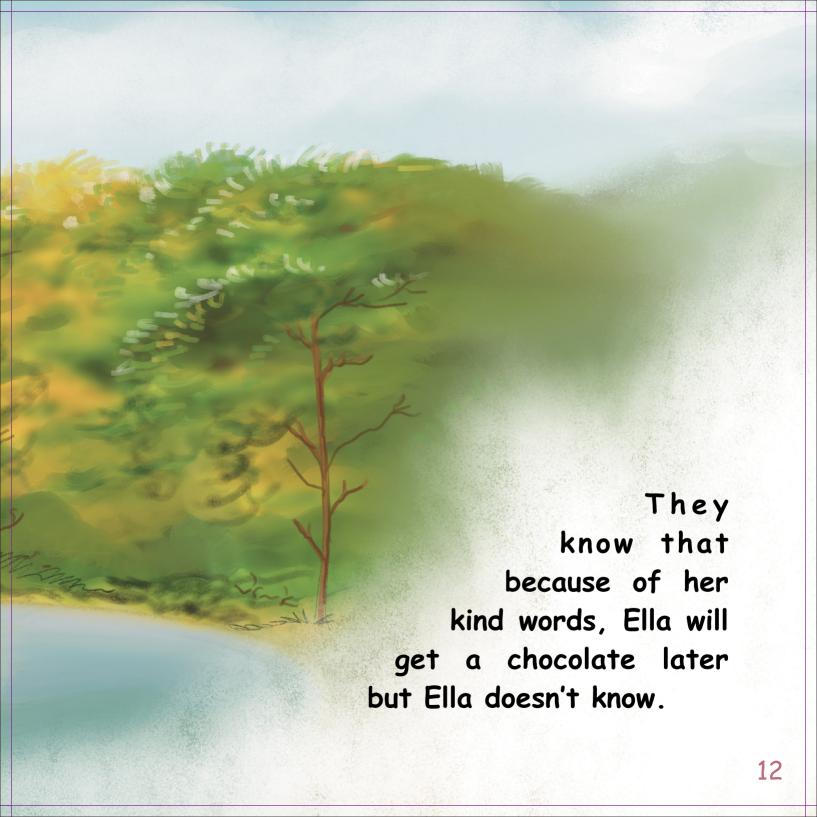


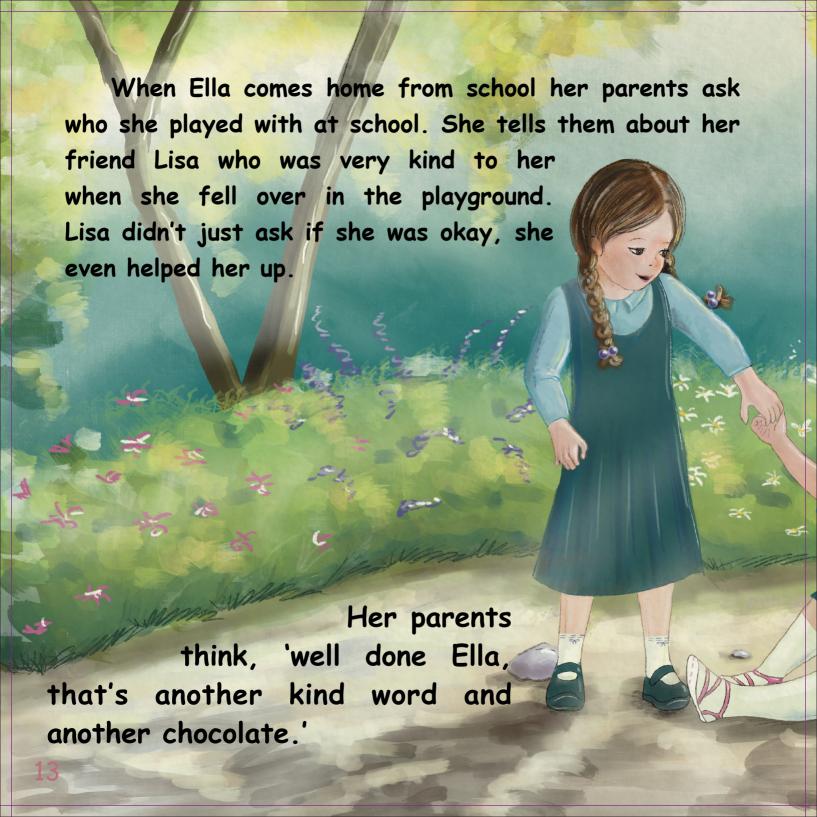
There is one person who does know. Mummy and Daddy tell Benny about their plan and ask him not to tell his sister.

The next morning Ella comes down for breakfast. Her parents ask her, "Are you looking forward to school today?" Ella shrugs her shoulders and says, "I guess so.' Then her parents ask her which teacher she is looking forward to teaching her today. Ella doesn't say anything.





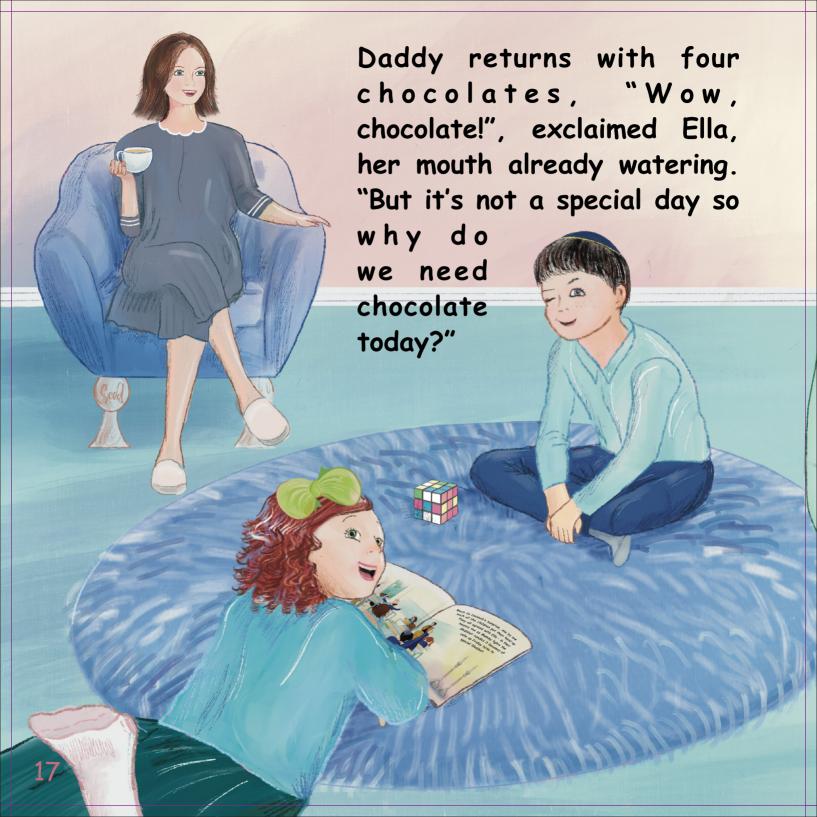


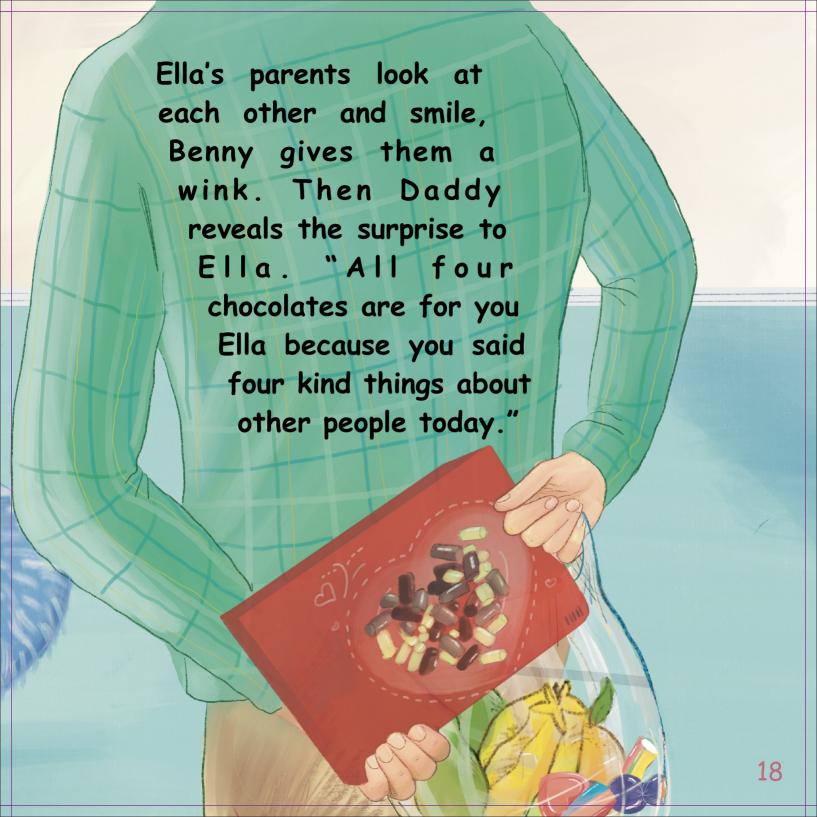


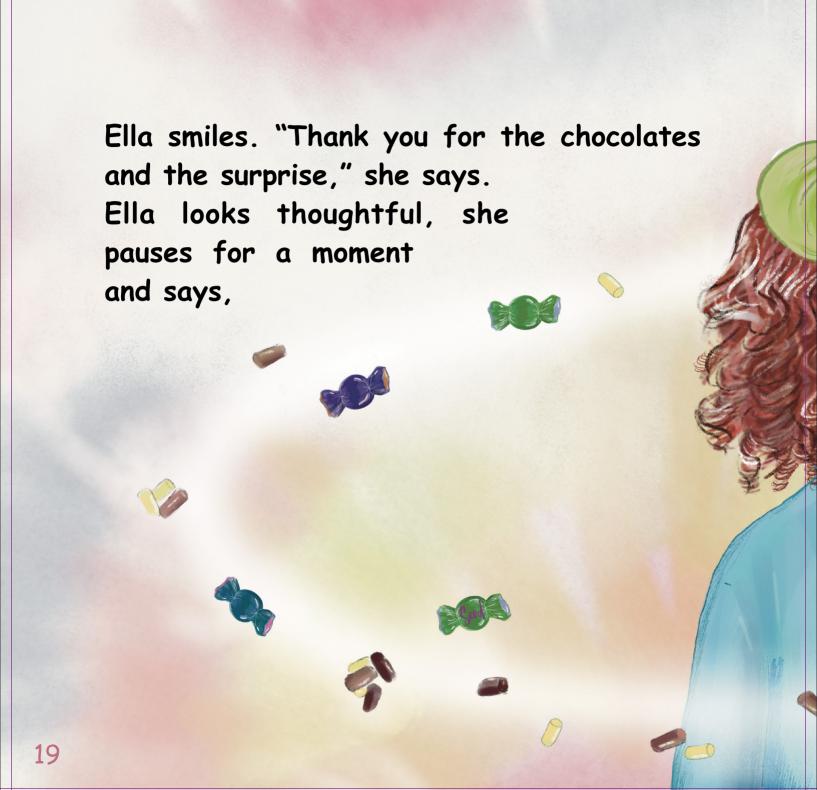






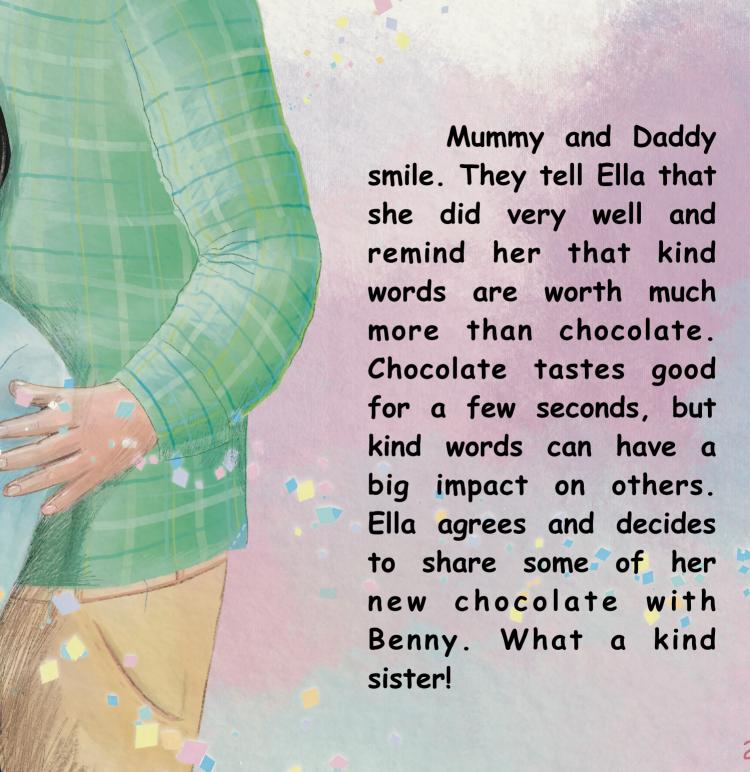


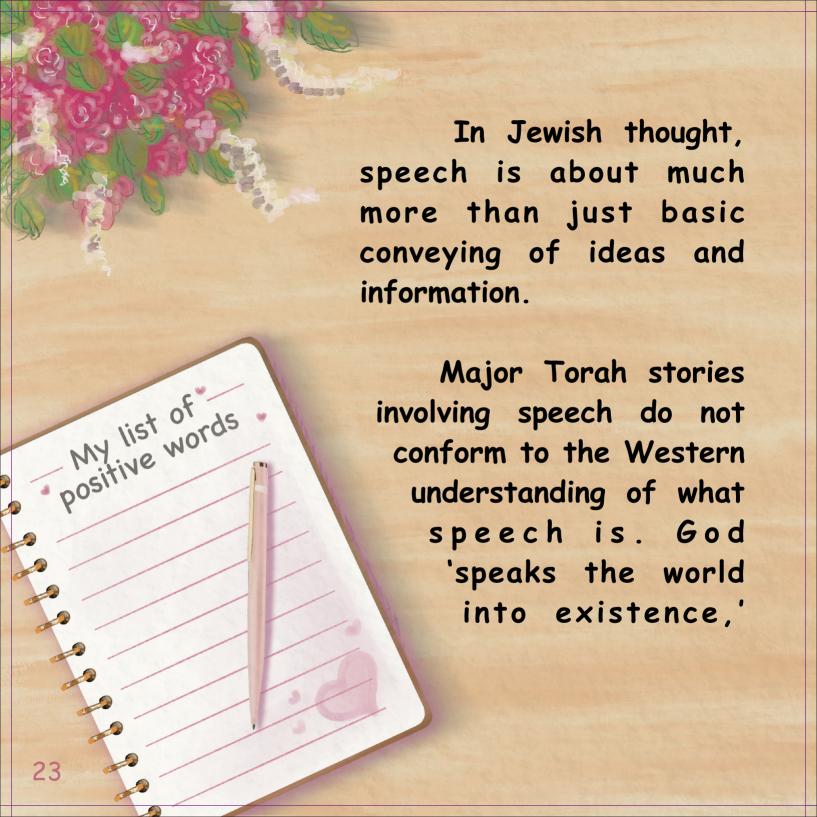




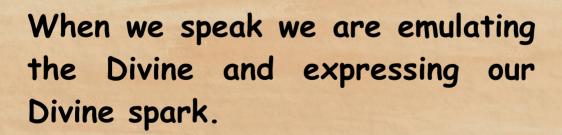








In Jewish
thought speech
is creative - just
as God created
the world from
nothing, we create
finite words from
near-infinite thoughts.



Therefore, we must be extra careful with our words and communication, which is why the Torah cautions against hurtful words and spreading negative gossip. Here is a - Do I use speech to construct and encourage checklist to think about:

- How many positive words do I say each others?

day?

- Do I listen to others properly?
  - Do I avoid badmouthing others?

Can I work on achieving progress in the above four areas? The gift of speech presents a major opportunity to uplift others' lives and positively impact them.

For the Jewish Interactive Clean Speech game visit https://jitap.net/activities/gf4j/play/seed-clean-speech-project



	Write some 'clean speech' positive sentences	
	that you will say to others here:	
		C. A. W. C.
		The second second
Z Z		A STATE OF
		THE PARTY
		A COLUMN



