

Tongues & Ladders Game



MOUTH CHALLENGES:

1. Curl up your tongue
2. Say 'red lorry - yellow lorry' 5 times without making a mistake
3. Put a chocolate on your forehead and get it into your mouth without touching it
4. Make a 'beat-box' sound. If the others are convinced - you succeed
5. Whistle a tune. If someone recognises it - you succeed
6. Lick your elbow (eww!)
7. Take a deep breath -how long can you hum for? -if you are the longest -you succeed
8. Say a sentence without moving your mouth
9. Make a convincing animal sound. If the others are convinced - you succeed
10. Gargle a cup of water whilst singing a tune



SPEECH CHALLENGES:

1. Say 10 things to be thankful for in just 30 seconds
2. Give a compliment to each of the other players
3. What is the kindest thing someone ever said to you?
4. Name 3 ways you can be a 'giver' with your speech
5. Till the end of the game commit not to say anything negative
6. Name 3 things you and the other players have in common
7. Apologise to a player for something you have done wrong to them in the past
8. Give 3 reasons why speaking negatively about others is wrong
9. Share a kind word someone said to you today
10. Receive a compliment from the other players and thank each of them individually



INSTRUCTIONS: Use one dice, use buttons for counters and play the classic game of snakes and ladders with a (tongue) twist. If you land on...



= Mouth Challenge*



= Speech Challenge*



= Act Out Round*



= Question Round*



= Roll Again

*Succeed in the challenge to stay in your position. Fail - move back 3 places.



ACT OUT:

- Choose one of the following scenes to act out. The other players have to guess what you are acting:
1. I don't want to hear your gossip about others
 2. Listening well to a teacher
 3. Making a bracha and eating an apple
 4. Giving somebody a compliment
 5. Soothing a baby
 6. Holding yourself back from saying something not nice
 7. Thanking a shop keeper for your stuff
 8. Studying Torah/ Davening
 9. Talking with an elderly person at a care home
 10. Zooming a friend who is ill off school



QUESTION ROUND:

1. What is lashon hara?
2. Which 3 people does Lashon Hara hurt?
3. Are you allowed to speak badly about someone if it's the truth?
4. Are you allowed to speak badly about someone if it's to protect someone from harm?
5. Is it still called Lashon Hara if I don't SAY anything but I hint using body language instead
6. Does the Torah allow us to say rude words?
7. What is Motzi Shem Ra
8. Does prayer have to be done in Hebrew to be accepted
9. Name three mitzvot that we do with our mouths
10. If I upset someone, can I be forgiven by apologising to God?

1. Literally: Evil tongue. Talking badly about other people
 2. Speaker/Listener/Subject of the speech 3. No 4. Yes 5. Yes
 6. No! This is called Nivul Peh - horrible language
 7. Lying about others 8. No - you can speak to God in any language
 9. Speak kindly, make brachot, daven, apologise, tell the truth
 10. No - you have to apologise to the person you've upset

