

When & How to Speak Up

Our world is full of speech and communication. Some speech is written, some is verbal. Facebook generates 4million posts each minute, Instagram over 1.7million per minute and Twitter 21million per hour. But the gift of speech is precious. Sometimes we use words that we shouldn't and people are hurt because of what we say. The Torah cautions us to avoid badmouthing others and using or sharing hurtful words.

In this parent-child activity we will look at and practise positive speech. There are two activities and then scenarios. Read the scenarios out loud with your child and fill in the speech bubbles:

Activity:

Use the speech bubble post-it notes provided to write 5 positive sentences to people and stick it where they can see it

Analysing our words:

Do you think there are more positive words spoken each day or more negative words?
Can you give rough numbers of how many words you think you say or type per day?

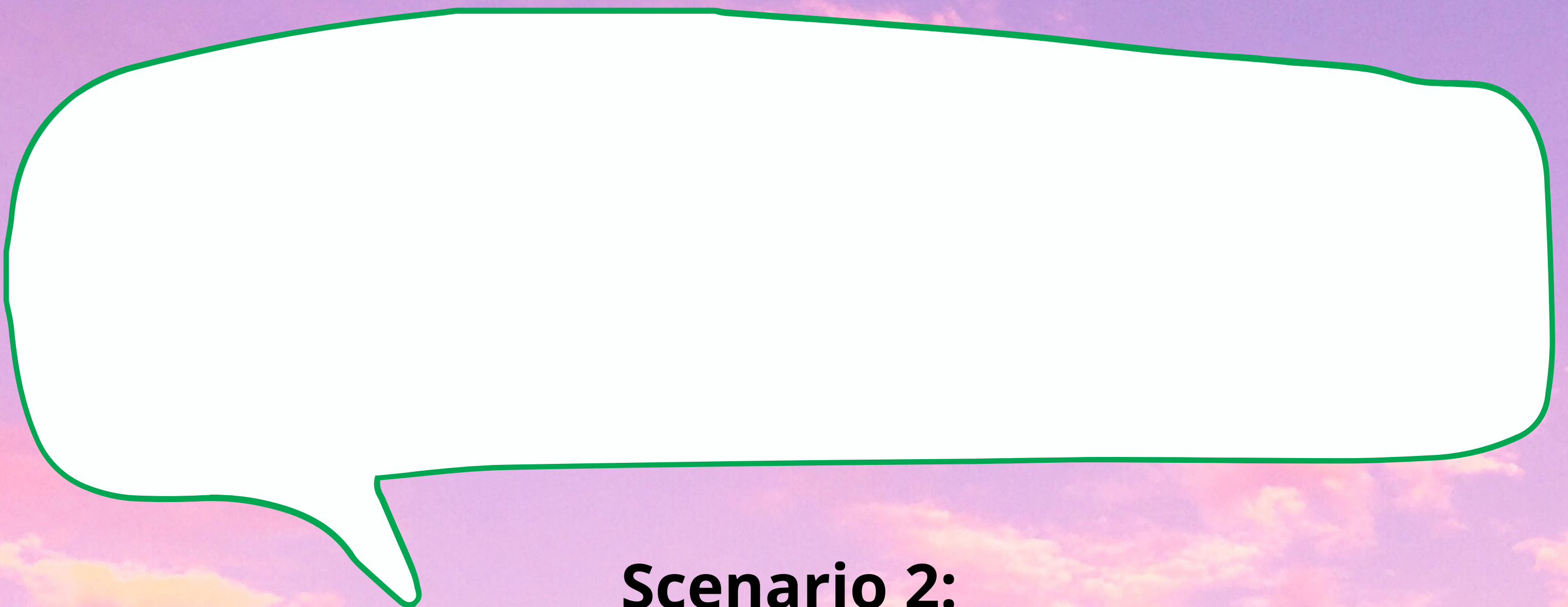


Some scenarios

Scenario 1:

It's supper time and your parent has made a meal that's not bad, but you don't really like it that much. What would you do?

Write below what you would say, or whether you would just keep quiet...



Scenario 2:

It's supper time and your parent serves you a really tasty supper! What do we say?

