

## ACTIVITY 4: DON'T BRING UP THE PAST

Sometimes, it is necessary to speak Lashon Harah! We are allowed (and SHOULD) speak Lashon Harah for a constructive purpose (known as toelet).

### THINK

Captain Chucklebeard is looking for a job on positive speech island. You have been asked whether he would be good for the job. Here is what you know about him...

Captain Chucklebeard, the infuriating pirate of the seven seas, wreaked havoc on our ship. That troublemaker once replaced all our flags with stinky socks, turning our vessel into a floating laundry disaster. The unbearable stench lingered for days, leaving the crew fuming!

But his relentless mischief didn't stop there. Chucklebeard swapped our cannonballs for water balloons, drenching us in salty frustration. He replaced our spyglass with a kaleidoscope, turning every lookout into a dizzy mess and swapped our compass with a magic eight ball.

He always sabotaged our pirate shanties, replacing all the lyrics with absurd pirate jokes. Oh, the "Treasure Hunt Hoax" was the epitome of his infuriating antics. Chucklebeard had us digging for gold, only to unveil a chest full of rubber chickens. With Captain Chucklebeard around, our ship became a battleground of irritation, where every day brought new heights of pirate-induced rage!



### GAME:

Using the 'toelet' AEIOU guide, what can you say and what can you not say about Captain Chucklebeard to his future employers?

#### Toelet AEIOU guide:

Only if all five rules are checked off can one speak Lashon Hara.

A= Accurate (Not hearsay)

E= Do not Exaggerate (ONLY state the facts)

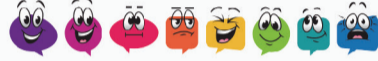
I= Intention must be good (Make sure this is not revenge)

O= Outcome must be reasonable (...& not cause too much damage)

U= Unavoidable (You've tried all other options including rebuke)

## CLEAN SPEECH UK

### PROMOTING POSITIVE SPEECH



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Key Stage 2 Parent-Child Activity

## WELCOME TO POSITIVE SPEECH ISLAND

Travel through our island, helping us with our clean speech

**WARNING!**  
Beware of the bad speech pirates

## CLEAN SPEECH UK

### PROMOTING POSITIVE SPEECH



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## ACTIVITY 3: BRIDGE OVER STORMY WATERS

Oh no! The bridge is missing some logs. You will have to fix it yourself. Use the guidance of the Ramban how to create a path through stormy rivers...

Speak calmly at all times, with this you will be saved from anger. Because anger is a very bad trait and leads to many sins. When you remove anger you will develop humility, which is the best trait. They follows awe and awareness of Hashem, happiness with what you have and holiness.

### THINK

Using the Ramban's letter written over 900 years ago, build the bridge by putting the pieces of wood in the RIGHT order.



Discuss what the Ramban means. Why do you think each character trait leads to the next one?

## ACTIVITY 2: ECHO CAVE

Often, when people open up to us and want to speak, they are not looking for solutions but rather empathy. They want to be listened to.

One way of showing this is by 'echoing' their words back to them. This does not mean repeating like a parrot exactly what they said to you, rather using your own words to repeat what you understood they were saying.

### GAME:

Time 90 seconds where child speaks to parent about any given topic. After every few sentences, pause. Parents then repeat back to the child what they said. After 90 seconds, reverse the roles.

How did it feel?  
Did you like the echo experience?  
Did you feel listened to - or was it a bit strange?

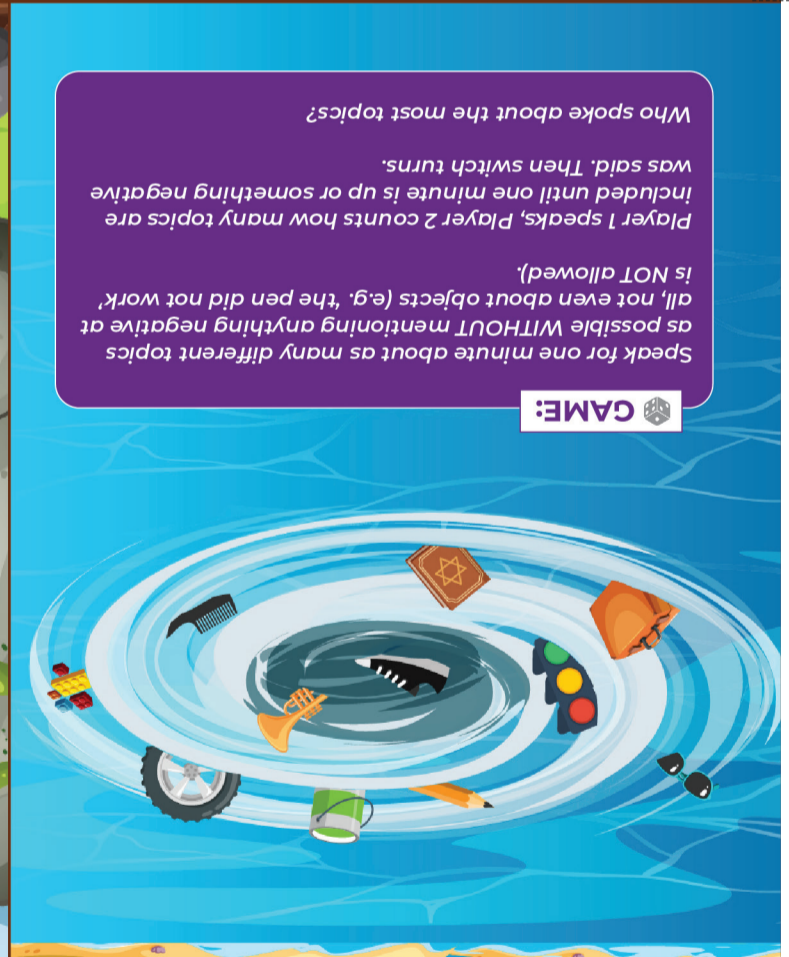


## ACTIVITY 1: WHIRLPOOL

Conversations are a whirlpool of ideas. Sometimes we jump from one subject to another without even knowing how we got there. It's important however that we don't throw in negative speech about others.

Speak for one minute about as many different topics as possible WITHOUT mentioning anything negative at all, not even about objects (e.g. 'the pen did not work', is NOT allowed).  
Player 1 speaks, Player 2 counts how many topics are included until one minute is up or something negative was said. Then switch turns.  
Who spoke about the most topics?

### GAME:



## ACTIVITY 6: ME VS WE

Our words have tremendous power. One way we can use our mouths is in prayer.

Look at the end of each of these brachot we say in the Amidah (silent prayer).

Give us wisdom, insight and understanding	...הַיָּדְבָר וְהַשְׂבִּיל...
Return us	...הַשִּׁבְבוּ...
Forgive us	...סַלַּח לָנוּ...
See our difficulties	...רְאֵה בְּעֵינֵינוּ...
Heal us	...רְפְּאֵנוּ...
Bless us	...בְּרַךְ עֲלֵינוּ...
Hear our voice	...שְׁמַע קוֹלֵנוּ...
Make peace...on us and all of your people Israel.	...שֵׁים שְׁלוֹם... עֲלֵינוּ וְעַל כָּל-יִשְׂרָאֵל עַמְּךָ...

### ACTIVITY

STAGE 1: Can you circle the similarity of the letters at the end of each bracha?

STAGE 2: נו means WE. What do you think the message is?

### THINK

STAGE 3: Read the following quote from the Talmud (Baba Kamah 92a):

כָּל הַמְבַקֵּשׁ רַחֲמִים עַל חֲבֵרוֹ  
וְהוּא צָרִיךְ לְאוֹתוֹ דָּבָר, הוּא  
נִעְנֶה תְּחִלָּה

"Anyone who asks for mercy for their friend, and needs the same thing, you will be answered first."

What does this mean?  
Why do you think this is so?  
Does this make my prayer selfish?!

One of the causes of people speaking Lashon Hara is that we don't see ourselves as part of the team called the Jewish People.

When we care about others we don't want to badmouth them.

## ACTIVITY 8: VOLCANIC ERUPTIONS OR RIVER SERENITY - EXPRESSING EMOTIONS IN TWO WAYS

### GAME:

Sometimes things don't go our way. Only Hashem knows the bigger picture. React like a volcano with fiery responses or stay as cool as a river. Pick one person to give the 'volcano' response and the other the 'river' response. Take turns.

#### POSITIVE SPEECH

EXAMPLE: Your team lost the final

#### NEGATIVE SPEECH

River reaction: They did so well to get that far

Volcano reaction: The team is rubbish

? ← You went shopping and forgot 2 items → ?

? ← You lost your tzedakah money → ?

? ← Someone dropped the Eitrog → ?

? ← You overslept and missed a birthday party → ?

? ← You made a mistake on the maths test → ?

? ← Your older sibling finished the last biscuit → ?

? ← It's raining on your way home → ?

? ← You have to tidy your room → ?

? ← You forgot to make a bracha before eating → ?

? ← You got a stain on your new suit → ?

Can you make one of your own?

## ACTIVITY 7: WORD WAVE: LASHON HARAH SHUFFLE

Oh no! the pirates are attacking. They are always spreading rumours and changing the facts so they cannot be trusted at all! See how easy it is for gossip to get out of hand.

Can you think of a story that was changed over time?

### GAME:

On each line, change only one detail of the sentence. After 10 changes, see how different the sentence looks.

#### ORIGINAL SENTENCE:

A MONKEY JUGGLED COCONUTS ON THE DESERTED ISLAND

Make 1 change: \_\_\_\_\_

Make 1 change: \_\_\_\_\_

Make 1 change: \_\_\_\_\_

Make 1 change: \_\_\_\_\_

Make 1 change: \_\_\_\_\_

Make 1 change: \_\_\_\_\_

Make 1 change: \_\_\_\_\_

Make 1 change: \_\_\_\_\_

Make 1 change: \_\_\_\_\_

#### FINAL SENTENCE:

## ACTIVITY 9: COCONUT CONNECTIONS

### GAME:

Oh no, all the coconuts have got mixed up! Take a pen and match the correct response (coconuts) with the corresponding situation (baskets)

DISAGREE WITH THEM PRIVATELY

HOLD IT IN

DISAGREE WITH THEM PUBLICLY

QUIET

LEAVE IT

TRUTH

Your sister brags about being the top student, but you know she's fifth

Teacher blames another for talking, when it was you. They don't mind the blame

A furious student loudly expresses hatred for school and everyone

One student falsely accuses another of theft

A classmate slips on a banana peel and feels embarrassed

Someone insults you, and you have a perfect comeback