

## ACTIVITY 4: POWERFUL PRAYERS

Our words have tremendous power. One way we can use our mouths is in tefillah. Hashem understands every language so we can pray in English too!

### THINK

Here are some simplified prayers. Think about a person you can daven for in each one (you don't need to tell people who!):

#### HEALTH

Please Hashem can you give a *refuah sheleimah* (complete recovery) to \_\_\_\_\_ as well as everyone else who is unwell.

#### SUCCESS

Please Hashem can you give *bracha v'hatzlacha* (blessings and success) to \_\_\_\_\_ as well as everyone else needing success

#### CONGRATULATIONS

Please Hashem can you give *mazel tov* (a good flow of blessings) to \_\_\_\_\_ as well as the rest of the Jewish people

#### PEACE

Please Hashem can you give *shalom u'bracha* (peace and blessings) to \_\_\_\_\_ as well as the rest of the Jewish people

The Talmud tells us that if you daven for your friend, and you need the same thing, you will be answered first.

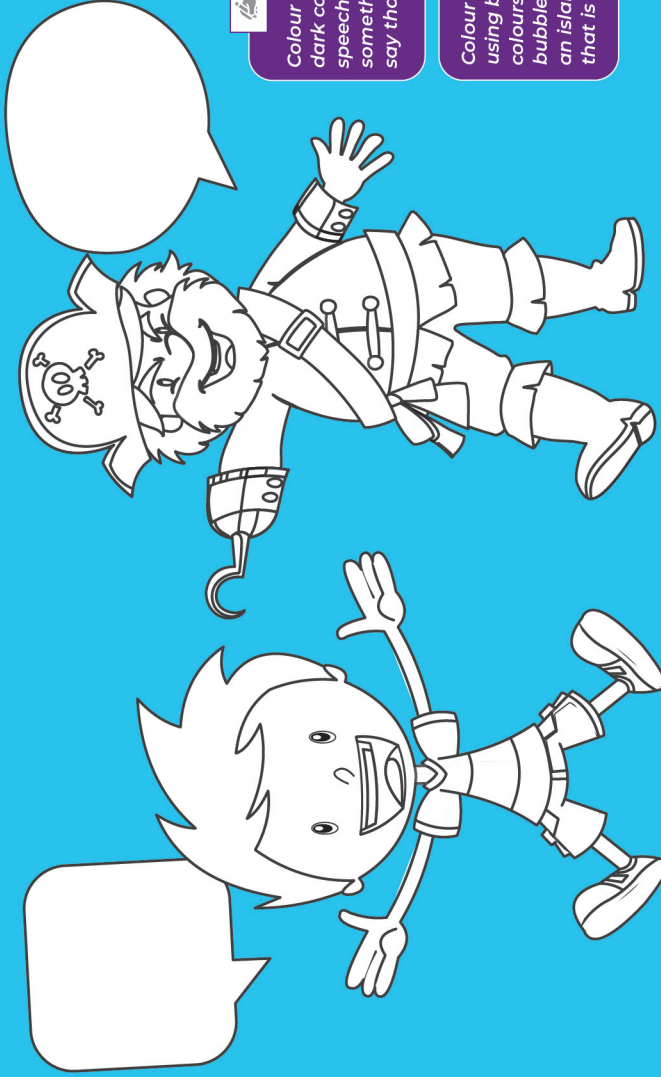


## ACTIVITY 9: COLOURFUL CONVERSATIONS: PIRATES VS. ISLANDERS

### ACTIVITY

Colour in the Pirate using dark colours. In the speech bubble, write something a pirate might say that isn't very kind.

Colour in the islanders using bright and cheerful colours. In the speech bubbles, write something an islander might say that is kind and positive.



For more resources and to sign up for your 30 day Clean Speech videos and free book visit [www.cleanspeech.co.uk](http://www.cleanspeech.co.uk)

Parent-Child Learning Key Stage 1

## WELCOME TO POSITIVE SPEECH ISLAND



### CLEAN SPEECH UK

PROMOTING POSITIVE SPEECH



## ACTIVITY 3: SEARCHING FOR GOOD WORDS

Oh dear! The pirates have mixed up bad speech with the islander's good speech.

G	W	C	N	I	V	E	L	P	E	H
E	H	A	S	H	E	M	R	A	H	
N	T	E	T	A	T	M	A	R	H	Y
E	O	S	Y	E	G	A	A	S	H	
I	R	S	M	H	P	H	V	L	E	A
V	A	E	Y	A	N	U	I	N	E	L
A	H	D	O	O	H	B	D	U	F	L
T	X	U	H	S	W	N	U	P	T	I
B	R	S	E	T	X	R	Y	X	A	F
F	A	T	B	R	A	C	H	O	T	E
L	O	R	E	C	H	I	L	U	T	T
T	W	D	O	N	A	A	T	C	H	I

### ACTIVITY

Find the underlined words in the wordsearch. Circle the good speech and draw a line through the bad speech.

ONAI DEVARIM	(Hurting others with words)	RECHILUT	(Words that break down relationships)
LASHON HARAH	(Telling the truth about someone that puts them down or causes damage)	GENEVAT DA'AT	(Tricking other people)
BRACHOI	(Blessings)	TEFHUVAH	(Words of kindness)
EMET	(Truth)	TORAH	(Studying Torah)
MOTSEI SHEM RAH	(Saying a lie that puts someone down or causes them damage)	NIVEL PEH	(Using bad language)

## ACTIVITY 2: ECHO CAVE

Often, when people open up to us and want to speak for understanding. They want to be listened to. How do we become good listeners?



Time 1 minute where child speaks to parent about one of the following topics.  
 "The thing I enjoy the most is..."  
 "My favourite meal is..."  
 "I like to play with..."  
 "If I had all the money in the world, I would..."  
 After every few sentences, pause. Parents then repeat back to the child what they said. After 1 minute, reverse the roles.

## ACTIVITY 1: HAPPY OR GRUMPY FACES: PIRATES VS. ISLANDERS

Sometimes we can 'speak' without using words!

Parent, read out the following sentences. Your child has to respond in either a pirate (angry/sad/grumpy) face or an islander (happy/excited/caring) face. Guess their response based solely on their facial expression. Then switch around roles.

- "Sorry, I don't want to share my snacks."
- "This game is so much fun!"
- "Do you like my drawing!"
- "Thank you for helping me!"
- "I can't wait for Shabbat!"
- "Sorry I made a mistake!"
- "I love spending time with you!"
- "Let's work together to clean up!"



After each response, discuss with your child how facial expressions be used to further our quest for positive communication?



## ACTIVITY 5: KIND CALL MAZE

### GAME:

Katie is feeling under the weather so you call her up to wish her well. Get through the conversation picking up as much positive speech on the way. Beware of all negative speech along the way



## ACTIVITY 6: WORD WAVE: LASHON HARAH SHUFFLE

Oh no! The pirates are attacking. They're always spreading rumours and changing facts. They can't be trusted at all!

It's amazing how just one word can change the entire meaning

### GAME:

To see how easy it is for rumours and lies to spread, look at the following sentences and change the word that is circled to create a different story.

The **cat** climbed up a tree.

The **spaceship** landed on Mars.

The **monkey** swung from branch to branch.

The ninja fought the **dragon**.

The **wizard** cast a spell on the castle.

The superhero saved the **city**.

The author wrote a **book**.

The **scientist** discovered a new planet.

The chef cooked a delicious **meal**.

## ACTIVITY 7: VOLCANIC ERUPTIONS OR RIVER SERENITY - EXPRESSING EMOTIONS IN TWO WAYS

### GAME:

Sometimes things don't go our way. Only Hashem knows the bigger picture. React like a volcano with fiery responses or stay as cool as a river. Pick one person to give the 'volcano' response and the other the 'river' response. Take turns.

### POSITIVE SPEECH

EXAMPLE: Your team lost the final

River reaction: They did so well to get that far

### NEGATIVE SPEECH

Volcano reaction: The team is rubbish

? ← It's raining → ?

? ← You lost your tzedakah money → ?

? ← You can't find your shoe → ?

? ← It's bedtime → ?

? ← You got a bad mark on the test → ?

? ← You didn't get invited to the birthday party → ?

? ← You've been told to tidy your room → ?

Can you make one of your own?

## ACTIVITY 8: COCONUT CONNECTIONS

### GAME:

Oh no, all the coconuts have got mixed up! Take a pen and match the correct response (coconuts) with the corresponding situation (baskets)

Your group is working on a project, and you have a great idea

A classmate slips on a banana peel and feels embarrassed

Someone says the wrong bracha out loud

You see someone drop their lunchbox, but they haven't realised

Your friend has food stuck in their teeth

You see a friend being left out of a game

Your classmate accidentally spills paint on their artwork



SPEAK UP



KEEP QUIET